

Reports on the Effects Long-Term Participation In The Monroe Institute Programs

Participant N

How does the Spirit move across the Face of the Earth?

The Story of Participant N

He moved around a great deal as a child because of his father's job. His father worked all the time, but even then he "was not a play-with-the-kids kind of guy." Consequently, his memories of childhood are principally based on things he did with his friends and brothers.

His "most vivid" childhood memories occur when he lived next to a forest. He and his friends built shelters, "we called them forts," and would spend hours in all seasons playing in them. In the summer, he was catching frogs and tadpoles in the river or camping out under the stars. They were "experiences of freedom and exploration." One highlighted event for him was riding bikes into the country to discover a horse farm where he and his friends went horseback riding. Like his other adventures, "it felt like I was very close to freedom to be outdoors where we could have reign over ourselves."

As he grew into manhood and watched his parents marriage break-up, one summer he took his girlfriend to Sturgeon Bay where they shared the exhilaration of nature together. "As my parents broke up, my life came together."

Understanding Transpersonal Experiences

- I now vibrate at a higher level, and I can feel it, when I am in service to others.

What is on the Other Side of the Rainbow?

Engagement of Multiple Intelligences

Comic book reading was my favorite pastime, but I also read books – reading was an important part of my life. I also played board games or imaginary games with my friends. I particularly remember playing cowboys and Indians. I also loved riding bikes into the country to explore. I always had an affinity with nature.

- Musician certified in the Music for Healing and Transition Program.
- Independent consultant in the field of technical project management.
- Hospice volunteer.
- Certified professional coach.
- Camping, hiking (was a boy scout). Private pilot license to fly small aircraft.

Other Personal Development Activities

- Was a member of the Rosicrucians for many years, read widely in occult philosophy, has certifications from HearthMath, Music for Healing, and NLP (Neuro-linguistic Programming), and is a certified professional coach.

Sense of “Being Called” To Be Present with Others

- Where I am in my journey is to be here now – to be present and of service in helping others realize unfulfilled potential.